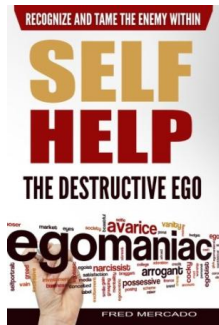


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SELF HELP: THE DESTRUCTIVE EGO: RECOGNIZE AND TAME THE ENEMY WITHIN



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