



## Keys to Manliness

By Travis Eric Bergsgaard

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is a book of many keys that will unlock the confidence and strength of your personality for you to do or have anything. Walking through this book will develop in you an internal lock pick that can be applied to any doors that life offers you. Having keys to manliness isn't about acting manly, it's about discovering your true authentic being and never needing to be anything else. **WARNING:** Once you take off the chains, you cannot put them back on: the beliefs to stay in your comfort zone. The way people have controlled you will no longer work -- you will no longer be able to fit into their box. This will cause a shift in your life. Once you have expanded your comfort zone, you will never be as comfortable there again. It takes trust in yourself to expand your limitations, the trust you develop as you apply these keys. Manliness has nothing to do with being a man. Manliness is the strong energy that outlines who you are. It puts you in control...

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