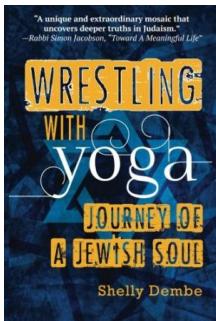


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## WRESTLING WITH YOGA: JOURNEY OF A JEWISH SOUL



Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The sparkling, gently humorous and always deeply thoughtful story of Shelly Dembe's journey as an evolving Jew: a young mom, free spirit, empty-nester and nurse who eventually traded the ICU for a yoga studio-only to find that the inner peace her soul sought in yoga was present in her Jewish faith all along. As she learns more...

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- Authored by Shelly Dembe
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