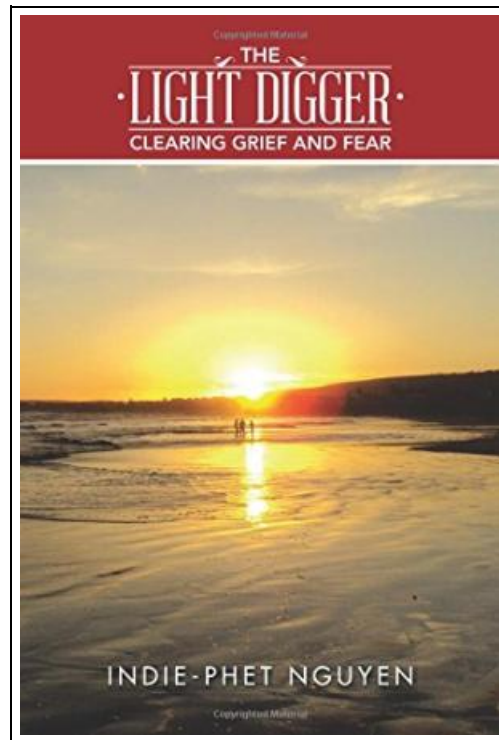


## The Light Digger: Clearing Grief and Fear (Paperback)



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## THE LIGHT DIGGER: CLEARING GRIEF AND FEAR (PAPERBACK)



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Balboa Press Australia, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Born to Vietnamese parents, Indie-Phet Nguyen grew up in Laos and instead of trying to find a husband, she studied by candlelight at night, paving the way for her to go to Australia on a scholarship. Professional women in Australia were never treated as well as men, and the author faced even more challenges by virtue of being an immigrant. In this memoir, she looks back at the hard work that made her a success and provides business and spiritual tips, such as: - If you have a great business idea, only share it with people who have a genuine interest in supporting you because supposed friends can quickly become enemies. - Attend important business meetings with someone you trust because if you re alone against a wild shark, there s a chance you ll be bitten. - Let go of disappointment and resentment so you can become who you want to be without restrictions. - Release grief by freeing the spirits of loved ones so they can find their way to heaven. The author, a Reiki master, also explores how anyone can practice the hands on healing system to calm the mind, heal the body, and boost positive energy.



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