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Coming Back

By Raymond Moody

Bantam. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 8.6in. x 6.0in. x 0.7in. Dr. Raymond Moody's pioneering research of near-death experiences changed the way we perceive dying. Now, in Coming Back, he examines the new field of regression hypnosis to discover if we can indeed recall past lives and what such memories tell us about the possibility that death is not the end. In Coming Back Dr. Moody presents the startling findings of research conducted of psychologically healthy patients who, under deep hypnosis, could describe in vivid detail episodes from other historical periods they could not possibly have known unless they'd lived before! Once a confirmed skeptic, in April 1986 Dr. Moody himself underwent a deep hypnotic trance that dramatically changes his belief about past-life regression. Inside you'll learn: How almost anyone can experience past-life journeys. How past-life regression can help you overcome phobias, compulsions, addictions, depression, and guilt. How to recognize and identify the twelve traits common to all genuine past-life regressions. How recent findings in science, psychiatry, and sociology contribute to our understanding of past-life regression and what they say about life after death. Plus a special self-hypnosis script to guide you on your own past-life journey. Dr. Moody takes a...


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